

OCOTEA ~ for more than JUST weight loss

PRICE:

-> 10ml (10ml lasts 1 month when taking 2x drops 3x per day) = as listed on current price list & website

-> 100ml = as listed on current price list & website

DOSAGE: take 2 drops Ocotea 3x per day

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### "Frequently Asked Questions" about OCOTEA WEIGHT LOSS DROPS

F.A.Q: (Everything you wanted to know about OCOTEA)

► Question 1: WHO CAN USE OCOTEA?

A: All adults, and children over 16. Not safe for pregnant or lactating women.

► Question 2: WHAT DOES OCOTEA HELPS FOR?

A : "OCOTEA: for more than JUST weight loss."

•Appetite suppressant •Curbs cravings •Detox •Fat burning •Anti-stress •Anti-cancer •Diabetes  
•Menopause •Antioxidant •Anti inflammatory •Anti irritation •Cholesterol •Lowers blood pressure  
•Improves metabolism •Improves functioning of metabolic enzymes •stabilizes & lowers blood sugar levels •safeguard body from insulin related problems •Anti blood clotting •Antibiotic •Fibromyalgia  
•anti-fungal •anti-microbial properties •Promotes proper food digestion •Anti acidity •treats foot fungus •Helps with hair loss, dandruff •Skin irritations •Cures candida, parasites, streptococcal •local anaesthetic •instant relief from headache •mental relaxation •Anxiety disorder •improves the functioning of cardiovascular system •Shingles •Cellulite

► Question 3: WHAT DOES OCOTEA CONSIST OF?

A: 100% Natural Ocotea oil. Ocotea oil is steam distilled from the leaves of the Ocotea tree. Ocotea trees grow in Ecuador.

► Question 4: IS THIS PRODUCT APPROVED BY THE MEDICAL & HEALTH INSTITUTE?

A: No, it is a 100% herbal and natural product. It is absolutely the clients own decision to follow the pharmaceutical route, or the natural route. Our product has absolutely no side effects, and can be successfully used with or without current prescription medicines.

► Question 5: HOW DOES ONE USE OCOTEA?

A: Different ways of taking OCOTEA: (choose of 1 or 2)

Take 2 drops 3x per day with water / iced tea.

Buy 100's Empty Capsules @ R65. Drip 4 drops OCOTEA in each capsule, and take 1x capsule in morning and 1 capsule at night.

Ocotea can also be applied directly onto skin, to treat Shingles, stubborn cellulite and also to lose centimetres.

► Question 6: IS IT ONLY FOR PEOPLE WHO WANT TO LOSE WEIGHT?

A: No, also for the following conditions: •Anti-stress •Anti-cancer •Diabetes •Menopause •Antioxidant •Anti inflammatory •Anti irritation •Cholesterol •Lowers blood pressure •Improves metabolism •Improves functioning of metabolic enzymes •stabilizes & lowers blood sugar levels •safeguard body from insulin related problems •Anti blood clotting •Antibiotic •Fibromyalgia •anti-fungal •anti-microbial properties •Promotes proper food digestion •Anti acidity •treats foot fungus •Helps with hair loss, dandruff •Skin irritations •Cures candida, parasites, streptococcal •local anaesthetic •instant relief from headache •mental relaxation •Anxiety disorder •improves the functioning of cardiovascular system.

► Question 7: CAN I USE IT WITH PRESCRIPTION MEDICINE?

A: Yes. It is advised to take Ocotea 2 hours before or after your prescription medicines.

► Question 8: WILL IT HAVE SIDE EFFECTS WITH THE PRESCRIPTION MEDICINE I AM ON?

A: No. It is advised to take Ocotea 2 hours before or after your prescription medicines.

► Question 9: WILL IT MAKE ME FEEL LIKE A ZOMBIE?

A: No.

► Question 10: IS IT ADDICTIVE- / HABIT FORMING?

A: No.

► Question 11: WILL I HAVE WITHDRAWAL SYMPTOMS IF I STOP USING THE PRODUCT?

A: No.

► Question 12: IF I WANT TO LOSE WEIGHT, CAN I CONTINUE TO EAT UNHEALTHY FOODS?

A: No, to effectively lose weight one needs to change your unhealthy lifestyle choices. (More about this topic in question 14.)

► Question 13: HOW LONG AFTER 1st STARTING USING OCOTEA WILL I NOTICE A DIFFERENCE?

A: As from day 1 you will notice an immediate change in the way you feel. As you stay committed to positive lifestyle choices, you will reap the benefits.

► Question 14: ARE EATING AND DRINKING PATTERNS IMPORTANT?

A: Yes. I am of very FIRM BELIEVE that weight has everything to do with our habits & lifestyles!!!!

Here is a few tips:

- Don't eat irregularly (eat in a fixed routine, every day, on the same times, and same portion sizes)
- Always eat breakfast
- Never overeat
- Never eat too little
- Never nibble continuously on foods / snacks
- Never eat after 18h00 at night (no snacks after 18h00)
- NO sugar (or any food or drink containing sugar)
- NO Starches what so ever!
- Drink STILL water every day (4-8 glasses)
- NO alcohol
- NO milk or sugar in tea/coffee
- Max 2 fruit per day, eat it with a meal.
- NO fruit juices
- Max 500ml sugar free beverages (Coke zero, Sprite zero.....)
- Stress will hamper your efforts to lose weight
- Chronic illnesses can hamper your efforts to lose weight
- Emotional problems can hamper your efforts to lose weight
- Certain vitamin supplements contain too much sugar. READ labels.

Should you concentrate on these facts, and realize that the ONUS rests upon you to effectively change your habits and lifestyle, you will start to lose weight!!! NO WEIGHT LOSS PRODUCT CAN RECTIFY UNHEALTHY HABITS AND LIFESTYLE CHOICES

► Question 15: WHEN I REACH MY GOAL WEIGHT AND STOP USING OCOTEA, WILL I GAIN WEIGHT AGAIN?

A: YES and NO!

YES: If you return to your unhealthy lifestyle, and repeatedly eat and drink unhealthy foods and drinks, you will most definitely gain weight again.

NO: If you stay committed to continue to live a healthy lifestyle, make wise decisions when eating your meals, you will NOT gain any weight again.

► Question 16: PRICE?

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► Question 17: DOES OCOTEA HAVE A LIMITED SHELF LIFE?

A: No