

## **When struggling with HAIR LOSS:**

I have 2 products which I can recommend:

1. Hair Growth Serum
2. Hair Growth Soap Bar

### **HOW TO USE SERUM:**

Massage a few drops at night on your scalp.

8 drops will be enough to cover your whole scalp.

If you only want to encourage growth of a certain part of scalp, you can only apply there, eg. your fringe. You only need to apply 2-3 drops to the fringe area. You only have to use the serum 2x or 3x per week. Not necessary to use every evening.

### **HOW TO USE HAIR GROWTH SOAP:** (HSB = Hair growth soap bar)

***NB: Only advisable to use on short hair.***

1. 1st time you use HSB, you need to wash and rinse 3x in a row. Final rinse has to be very thorough.
2. Don't use any other shampoo / conditioner with HSB.
3. After visiting salon, there they shampooed your hair, you again have to wash & rinse your hair 3x in a row.
4. Final rinse has to be very thorough.
5. As you continue to use HSB, you only wash & rinse max 2x. It is only after using regular shampoo that you need to wash & rinse 3x.

### **Some other Good Advice:**

CAUSES of thinning hair:

1. Baldness is hereditary. You will have limited results with our "Hair Growth serum"
2. Underactive thyroid: In this case I will advise you to try our THYROID BOOSTER, 100% natural, apply 1 drops 3x per day on thyroid area. If you can use Thyroid Booster for at least 2-3 months, you will see a vast improvement on your hair, nails and skin.
3. Hormonal imbalances.
4. Using too much heat on hair, when blow drying.
5. Using of "hair iron" to straighten hair.
5. The use of permanent colour on hair.
6. Other hair treatments such as "perms".
7. Using the wrong brush of comb.

8. Certain Chronic medications. Talk to your Doctor.
9. Medical treatments such as Chemotherapy & radiation.
10. Skin disorders, such as Psoriasis. Our “Hair Growth serum” will help to manage the symptoms.
11. Using Shampoos containing SLES: Sodium Laureth Ether Sulfate. Visit your local pharmacy / hair salon, and ask to buy **SULFATE FREE & PARABEN FREE SHAMPOO.**

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