

When struggling with DARK UNDER EYES:

NOTE: Suffering from dark under eyes is NOT a skin condition, but directly related to your health, lifestyle and it may also be hereditary.

~~~~~

**Some CAUSES:**

1. Bad sleeping habits
2. Excessive use of alcohol and nicotine
3. Unhealthy eating habits.
4. Not drinking enough still water each day
5. Allergies
6. Age: Natural aging is another common cause of those dark circles beneath your eyes. As you get older, your skin becomes thinner. You also lose the fat and collagen needed to maintain your skin's elasticity. As this occurs, the dark blood vessels beneath your skin become more visible causing the area below your eyes to darken.
7. Hereditary.

~~~~~

For any other question, kindly WhatsApp 074 111 0315 / email diana.dhd@gmail.com