

“Black Seed Capsules” – 600mg each

PRICE:

10's Capsules = as listed on current price list & website

120's Capsules = as listed on current price list & website

DOSAGE: take 1-3 capsules per day, no less than 2 hours before or 2 hours after chronic medication. Do not exceed this dosage. Not to be used by children under the age of 16 years.

FAQs : "Frequently Asked Questions" about **“Black Seed Capsules”**

► Question 1: What is Black Seed?

Seeds of the Nigella Sativa plant.

► Powerful Anti-inflammatory • Powerful Antibacterial • Powerful Antiviral ◀

“Researchers believe the active ingredient in black seed oil to be thymoquinone, a phytochemical that has a strong influence on key mediators of inflammation.”

► Question 2: What type and size of capsules are used?

600mg Size 00 “VEGAN Gelatin” Capsules

► Question 3: Does this “Black Seed Capsules” contain any fillers?

NO

► Question 4: What are the benefits of “Black Seed Capsules”?

- Acne
- Allergy symptoms
- Anti-cancerous
- Arthritis
- Asthma
- Blood sugar levels
- Cholesterol
- Diabetes
- Eczema
- Fights bacteria
- Improve skin and hair health
- Improves cardiovascular system
- Lowers high blood pressure
- Psoriasis
- Reduces risk of metabolic syndrome

- Supports Weight Loss
- Wound healing

► **Question 5: What is the side effects of “Black Seed Capsules”?**

- ALWAYS consult your OWN Medical Doctor before any herbal supplement.
- Black seed oil does have the potential to interact with several medications and other supplements.
- Even a small amount of black seed oil may become harmful if you are taking another type of medication that produces similar effects.
- NOT for pregnant & lactating women, children under 16yr.

NB: Important to consult your own Medical Doctor and/or Oncologist prior to using “Black Seed Capsules”

► **Question 6: Who cannot use “Black Seed Capsules”?**

- Not to be used by pregnant, lactating women.
- Children under the age of 16.
- See answer to Question 5.

► **Question 7: Is “Black Seed Capsules” approved by the Medical & Health Authorities?**

NO, it is a 100% herbal and natural product. It is absolutely the client’s own decision to follow the pharmaceutical route, or the natural route. Read our full Disclaimer on our website: www.dianas.co.za

NB: Important to consult your own Medical Doctor and/or Oncologist prior to using “Black Seed Capsules”

► **Question 8: What is the required dosage:**

- Adults may take 1-3 capsules per day, no less than 2 hours before or 2 hours after chronic medication.
- Do not exceed this dosage
- Not to be used by children under the age of 16 years.
- Important to consult your own Medical Doctor and/or Oncologist prior to using “Black Seed Capsules”

► **Question 9: Is “Black Seed Capsules” addictive or habit forming?**

NO

► **Question 10: Will you experience any withdrawal symptoms when quit using “Black Seed Capsules”?**

NO

► **Question 11: How soon after I start using “Black Seed Capsules” will I notice a difference?**

Some people may experience the benefits immediately, or after several days. In some cases, it may take longer.

► **Question 12: What is the shelf life of “Black Seed Capsules”?**

The shelf life is +- 1 year from the date of purchase.

Important to store your “Black Seed Capsules” away from heat and direct sunlight.