

## **“Bay Leaf Capsules” – 600mg each**

### **PRICE:**

10's Capsules = as listed on current price list & website

120's Capsules = as listed on current price list & website

**DOSAGE:** take 1-3 capsules per day, no less than 2 hours before or 2 hours after chronic medication. Do not exceed this dosage. Not to be used by children under the age of 16 years.

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FAQs : "Frequently Asked Questions" about **“Bay Leaf Capsules”**

### **► Question 1: What is Bay Leaf?**

“Laurus nobilis”, a.k.a. “Sweet bay”

Bay Leaf It has been cultivated throughout the European, tropical, subtropical, and Asian countries. It has been used for thousands of years for food flavoring, essential oil applications, and in traditional medicine. Bay Leaf is a good source of vitamin A, vitamin B6, vitamin C & vitamin K. These vitamins are all known to support a healthy immune system. Also contains protein, iron, calcium, manganese & potassium. These nutrients play various roles in the body, supporting functions such as immune health, bone strength, and antioxidant defense.

### **► Question 2: What type and size of capsules are used?**

600mg Size 00 “Vegan Gelatin” Capsules

### **► Question 3: Does this “Bay Leaf Capsules” contain any fillers?**

NO

### **► Question 4: What are the benefits of “Bay Leaf Capsules”?**

- Anti-cancer properties
- Antioxidant
- Anxiety
- Anti-inflammatory
- Arthritis
- Concentration
- Controls uric acid levels
- Diabetes
- Fungal infections
- Heart Health
- May help with kidney stones

- Improves digestion
- Improves immune function and metabolism
- Improves skin and hair
- Insomnia
- Lower blood sugar levels
- Lowers LDL cholesterol
- Stress
- Treats diarrhea

► **Question 5: What is the side effects of “Bay Leaf Capsules”?**

1. Bay Leaf is generally considered safe for most people. However, some side effects may occur, especially if consumed in large quantities. It is crucial to exercise caution when taking Bay Leaf Capsules alongside certain other medications.
  2. Sedative: Large amounts of bay leaf might cause sleepiness and slowed breathing. Taking bay leaf in large amounts with sedative medications might cause breathing problems and/or too much sleepiness.
  3. Diabetes: Since bay leaves may affect your blood sugar levels, get approval from your own Medical Doctor and/or Oncologist before using them.
  4. Avoid using bay leaves for medicinal purposes 2 weeks before having surgery. They can affect the function of your central nervous system, especially when combined with the anesthesia typically used in surgery.
- NB: Important to consult your own Medical Doctor and/or Oncologist prior to using “Bay Leaf Capsules”

► **Question 6: Who cannot use “Bay Leaf Capsules”?**

- Not to be used by pregnant, lactating women.
- Children under the age of 16.
- See answer to Question 5.

► **Question 7: Is “Bay Leaf Capsules” approved by the Medical & Health Authorities?**

NO, it is a 100% herbal and natural product. It is absolutely the client’s own decision to follow the pharmaceutical route, or the natural route. Read our full Disclaimer on our website: [www.dianas.co.za](http://www.dianas.co.za)

NB: Important to consult your own Medical Doctor and/or Oncologist prior to using “Bay Leaf Capsules”

► **Question 8: What is the required dosage:**

- Adults may take 1-3 capsules per day, no less than 2 hours before or 2 hours after chronic medication.

- Do not exceed this dosage
- Not to be used by children under the age of 16 years.
- Important to consult your own Medical Doctor and/or Oncologist prior to using “Bay Leaf Capsules”

► **Question 9: Is “Bay Leaf Capsules” addictive or habit forming?**

NO

► **Question 10: Will you experience any withdrawal symptoms when quit using “Bay Leaf Capsules”?**

NO

► **Question 11: How soon after I start using “Bay Leaf Capsules” will I notice a difference?**

Some people may experience the benefits immediately, or after several days. In some cases, it may take longer.

► **Question 12: What is the shelf life of “Bay Leaf Capsules”?**

The shelf life is +- 1 year from the date of purchase.

Important to store your “Bay Leaf Capsules” away for heat and direct sunlight.